

| <u>YEAR 7</u> | <u>YEAR 8</u> | <u>YEAR 9</u> | <u>YEAR 10</u> | <u>YEAR 11</u> |
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| <p><u>Team building</u></p> <p>What is PSHE? Transition. Bullying. Team building challenge.</p> | <p><u>Enterprise challenge</u></p> <p>Team building activities. Raising money for charity.</p> | <p><u>Safeguarding - EHWB.</u></p> <p>Healthy and unhealthy relationships. Mental health and <u>positive</u> mental health. Resilience</p> | <p><u>Civil Liberties</u></p> <p>What do we value? Are our civil liberties being taken from us? Terrorism and tackling it Conspiracy theories</p> | <p><u>Careers</u></p> <p>What options are out there? Colleges, apprenticeships and Careers Fair. OFF-SITE CAREERS CONVENTION</p> |
| <p><u>Who am I?</u></p> <p>Self image & self esteem My beliefs My qualities</p> | <p><u>Healthy living</u></p> <p>Growing and changing Hygiene Sexual health - spread of infection - the role of immunisation/vaccination. Relationships - attraction.</p> | <p><u>Healthy living, risk and making the right choices</u></p> <p>Alcohol/Smoking/violence and the effects. Peer pressure, risky situations and practising refusal skills. Gang culture.</p> | <p><u>You as a world citizen.</u></p> <p>Fair trade and ethical consumerism. Needs v's Wants The wider implications of purchasing goods - sweatshops and wastage. Consumer rights.</p> | <p><u>Preparations for exams</u></p> <p>Motivational speakers. Study skills.</p> |
| <p><u>Staying safe and healthy</u></p> <p>First Aid Water safety Healthy living - the importance of exercise and sleep</p> | <p><u>You and the community</u></p> <p>Diversity, culture and multiculturalism Visit from asylum seeker. Challenging discrimination.</p> | <p><u>How does my country run?</u></p> <p>Political systems and elections. Why vote/participate? Mock election.</p> | <p><u>Making healthy choices</u></p> <p>Relationships, sex and the age of consent. STI's and contraception, teenage pregnancy and parenting. The associated risks and consequences. Breast and testicular cancer awareness, self checking and where to get advice.</p> | |
| <p><u>Healthy living</u></p> <p>Healthy diet - eatwell plate. Role of the school nurse - help and advice.</p> | <p><u>Is anybody perfect?</u></p> <p>Diversity and body image. Self esteem, eating disorders and The role of the media - air-brushing. Sexualisation in the media. Internet safety.</p> | <p><u>How do I keep healthy?</u></p> <p>Drugs - medicines/illegal drugs Performance Enhancing Drugs Energy drinks, legal highs and e-cigs. What damage can I do? First Aid</p> | <p><u>Personal and business finance</u></p> <p>Running a business. The Apprentice Taxation. Budgeting, bank accounts, credit and debt, APR, pensions. Risking my money on gambling</p> | |
| <p><u>You and your money</u></p> <p>Budgeting and pocket money. Planning and finances for a trip abroad</p> | <p><u>You and the law</u></p> <p>The role of the police & legal system. Dog safety and legal requirements. (Blue Cross) Crimes and Punishments. Debate on freedom of speech.</p> | <p><u>The world of work</u></p> <p>Jobs, salaries and budgeting. Investigating the world of work</p> | <p><u>Careers</u></p> <p>Mock interviews. College Fair CV writing Letters of application</p> | |