

**FRED LONGWORTH**  
HIGH SCHOOL



# SEND NEWSLETTER

01942 883796

FLHS.ORG.UK/INCLUSION



@FLHSWELLBEING

## Key Dates this term

### Term starts for Y7 **2<sup>nd</sup> September**

Please ensure that your Y7 child is in school and ready for line up at 8:30am.

### Term starts for Y8-11 **3<sup>rd</sup> September**

Y10 and Y11 - 8.30am start

Y8 and Y9 - 9.15am start

### Half term: **Mon 26<sup>th</sup> October -** **Fri 30<sup>th</sup> October**

### Staff training day: **27<sup>th</sup> November**

### Christmas holidays: **School finishes on** **Fri 18<sup>th</sup> December**

*The school calendar can be accessed here:*



## Welcome to our newsletter

Welcome to our brand new Freddie's SEND newsletter. In this issue, you will find pictures and names of key SEND staff, key dates for the term ahead, SEND celebrations, some helping transition at home ideas, key email addresses and external websites to help support SEND families.

## A Message from the Director of Inclusion

Welcome to the first edition of our SEND Newsletter.

At Fred Longworth High School, we believe that every child deserves to feel valued, understood and supported to achieve their very best. Inclusion is at the heart of everything we do, and we are proud of the caring and supportive community we have built together.

I would like to thank our students, families and staff for the trust, resilience and teamwork they show every day. It is a privilege to work alongside such incredible young people, celebrating their successes and helping them overcome challenges.

Whether your child is new to Freddie's or has been with us for several years, please know that our team is here to listen, support and work alongside you. We look forward to another successful year of helping every student belong, engage and succeed.

**Mr Stuart**  
**Director of Inclusion**



## School Events

A brief overview of important school events over the next term. Please double check the calendar for any other events or amendments



**WC 7TH  
SEPT**

**Year 7 and Year 9  
NGRT**

**16<sup>TH</sup> SEPT**

**Year 7 and 10  
Photographs**

**23RD  
SEPT**

**Open Evening**

**1<sup>ST</sup> OCT**

**Year 11 Exam Support  
Evening**

**15TH  
OCT**

**Year 10 Launch  
Evening**

**22ND  
OCT**

**Year 7 Raising  
Achievement Evening**

**NOV  
4TH**

**Y7 Winmarleigh Trip**

Follow @FLHSwinmarleigh on X

**NOV  
12TH**

**Year 11 Core Exam  
Evening**



**Spotlight on...**

**Chester**



In this issue, we're celebrating the incredible commitment of Chester, a long-time volunteer who has been with us since the early days of the new Inclusion Centre at Freddie's.

He is our first ever school dog.

Chester spends 2 days a week based in our Inclusion Centre or in lessons helping to support our students.

What makes Chester stand out is not just his reliability but his genuine compassion—he always takes the time to listen to stories and encourage those who may be struggling.

## Inclusion Team at FLHS

# Here to support your child:

The Inclusion Team at Fred Longworth High School is dedicated to supporting students with their academic, social, emotional, and mental health needs. Our aim is to create a nurturing, supportive environment where every young person can feel happy, confident, and successful.

We provide a wide range of interventions and work closely with families, teaching staff, and external agencies to ensure students receive the right support at the right time.



Scan the QR code to watch our Inclusion Centre welcome video.



**Mr Stuart**  
Director of Inclusion



**Mrs Heywood**  
Assistant SENDCo



**Mrs Regan**  
Safeguarding Officer



**Mrs Naylor**  
Mental Health and  
Wellbeing Co-Ordinator



**Mrs James**  
Inclusion Centre  
Co-Ordinator



**Mrs Bailey**  
Inclusion HLTA /  
Nurture Group



**Mrs Calcutt**  
Reading Intervention  
Learning Coach



**Miss Campbell**  
Exam Access  
Assessor



**Mrs Anderson**  
Learning Coach



**Ms Bennett**  
Learning Coach



**Ms Collins**  
Learning Coach



**Miss Pennington**  
Learning Coach



**Mr Potkin**  
Learning Coach



**Mrs Wilkinson**  
Learning Coach



**Mrs Zareba**  
Learning Coach



**Miss Brindle**  
SEND Administrator



**Chester**  
School Dog

GET IN  
TOUCH



For all  
**SEND**  
enquiries  
please  
contact  
us:

**send@**  
**flhs.wigan.**  
**sch.uk**

## Key Contacts

### Main Reception

 enquiries@flhs.wigan.sch.uk

 01942 883 796

### Attendance

 reaj@flhs.wigan.sch.uk

 01942 881986

### Heads of Year

#### Year 7 - Mrs Hyslop

 hyslopa@flhs.wigan.sch.uk

 01942 881 450

#### Year 8 - Mrs Turner

 turnern@flhs.wigan.sch.uk

 01942 881 996

#### Year 9 - Mrs Casey

 caseya@flhs.wigan.sch.uk

 01942 881 998

#### Year 10 - Mr Fallows

 fallowst@flhs.wigan.sch.uk

 01942 881 990

#### Year 11 - Mr Farrell

 farrellm@flhs.wigan.sch.uk

 01942 881 459

## Supporting transition back to school:

We understand that coming back to school after such a long break can be a scary thought, especially for students with SEND.

It can be a time of mixed emotions and can be overwhelming.

That's why it's so important we all work together, before the Summer break, during the break and when we come back to school to ease the transition.

### Things we do before the summer:

- Transition workshops where required.
- Work with key staff discussing worries with the change of routine where required.
- Extensive Y6 to Y7 transition.
- Send staff transition notes of students new to them.
- Ensure all Student Support Profile's are up to date.

### At home during the holidays you can.....

- Talk to your child about extra curricular activities.
- Reassure them that the only thing that changes is their timetable. The rooming, the people and the buildings have stayed the same.
- Ensure them that they have people to talk to when they get back in.
- Walk past the school.
- Try on uniform and ensure it is worn in if your child has a sensory issue.
- Use this QR code to access transition support.



### When the students come back to school:

- If they need support with their timetable, introduce them to their new teachers and discuss any worries such as seating plans or staff being aware of their needs.
- Have the first two lessons with their form tutors to settle back in.

## Mental Health Support and SEND resources:

Mental health and SEND support is vital and we have a lot of resources that you as parents and students can access. There are also lots of offers of Mental Health and SEND support for parents:



**Resources for parents -  
including Riding the Rapids**



# SEND Successes This Year

39,355 reward points (and counting!)

An average of 147 each!

808 Freddie's Focus On The Stars

99 BEST awards

4 of our students attended a Boccia event and got a silver medal!

A number of our SEND students performed in the school show  
'Oliver!'

Our Y7 SEND students have adapted extremely well to school life at Freddie's this year, including Winmarleigh and the Paris trip.

SEND students performed in the dance shows.

SEND students sat their GCSEs and showed extreme resilience, we are so proud and can't wait to see you on results day!

Our SEND students have had a fantastic year here at Freddie's and we look forward to welcoming them back in September.



**Is your child  
joining in  
September?**

Scan the QR code to watch  
our Inclusion Centre  
welcome video.

**Ready for Freddie's?**

Are you all set for the start of the new school year with uniform and school equipment? Visit our dedicated transition section on our school website for guidance.

