

Welcome to Fred Longworth High School

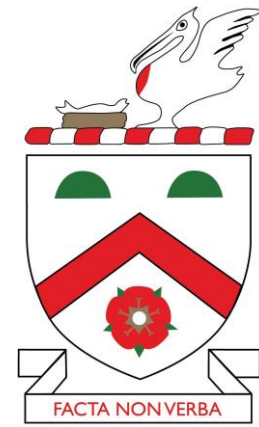
Mr P Davies
Headteacher

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HIGH SCHOOL



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Welcome to the Fred Longworth Family



Students “speak proudly of their time at school and described it as one ‘big family’. They believe all teachers to be inspiring and there to help them get the most from their education”.

OFSTED

FRED LONGWORTH

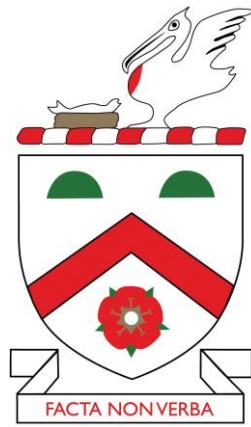
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What can you expect?

- A family atmosphere – based on excellent relationships;
- A safe environment;
- Excellent facilities & encouragement to **enjoy** learning;
- Committed, professional & talented staff;
- High expectations & standards of achievement.



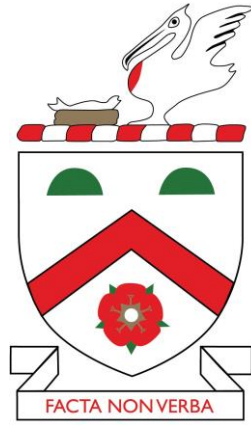
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What can you expect?

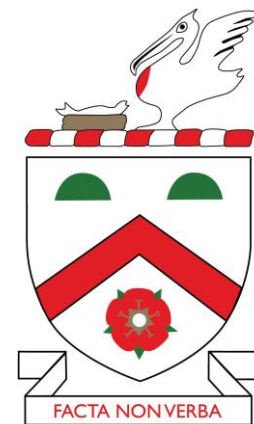
- Excellent pastoral support;
- Good communication between home and school;
- Student voice with real influence;
- Rewards for good work and behaviour.
- Extra activities – with excellent provision in particular for the Arts and PE.



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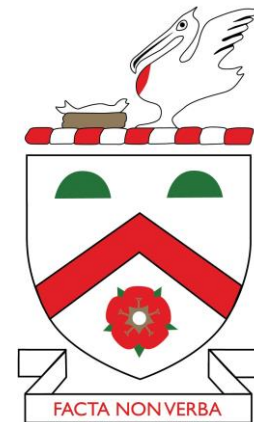


Mr Whalley
Deputy Head teacher

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Head of Year

Mrs K Regan

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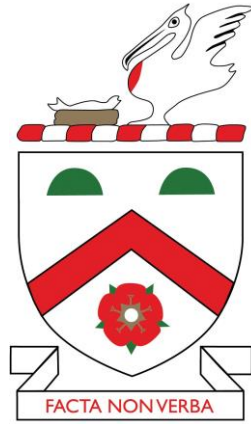
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Deputy Heads of Year:

- Mrs G Dobson
- Mrs K Porter
- Mr A Hibbert
- Mrs A Roberts
- Mr S Mooney
- Attached to the year group – Mrs E Bailey
(Safeguarding Officer)

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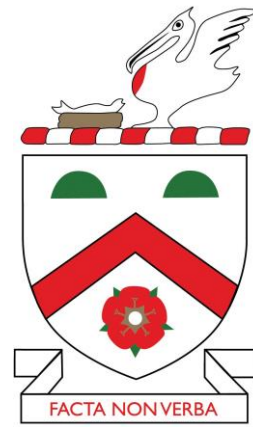
The Year 7 Tutor Team:

NORTH

- Miss D Causby
- Mr M Steventon
- Mr J Davies
- Mr A Pendlebury
- Mrs E Thirkell and Mrs C Ballard

SOUTH

- Mrs H Robinson
- Miss M Heap
- Mrs L Gregory
- Miss K Kenny
- Miss J Birss

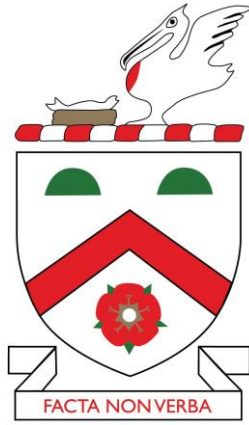


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Other Key Staff:

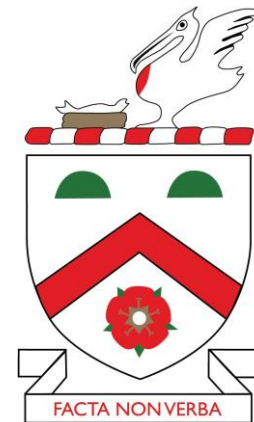


- Mrs Gannon – Inclusion Manager
- Mrs E Bailey – Safeguarding Officer
- Ms J Rea – Attendance Officer

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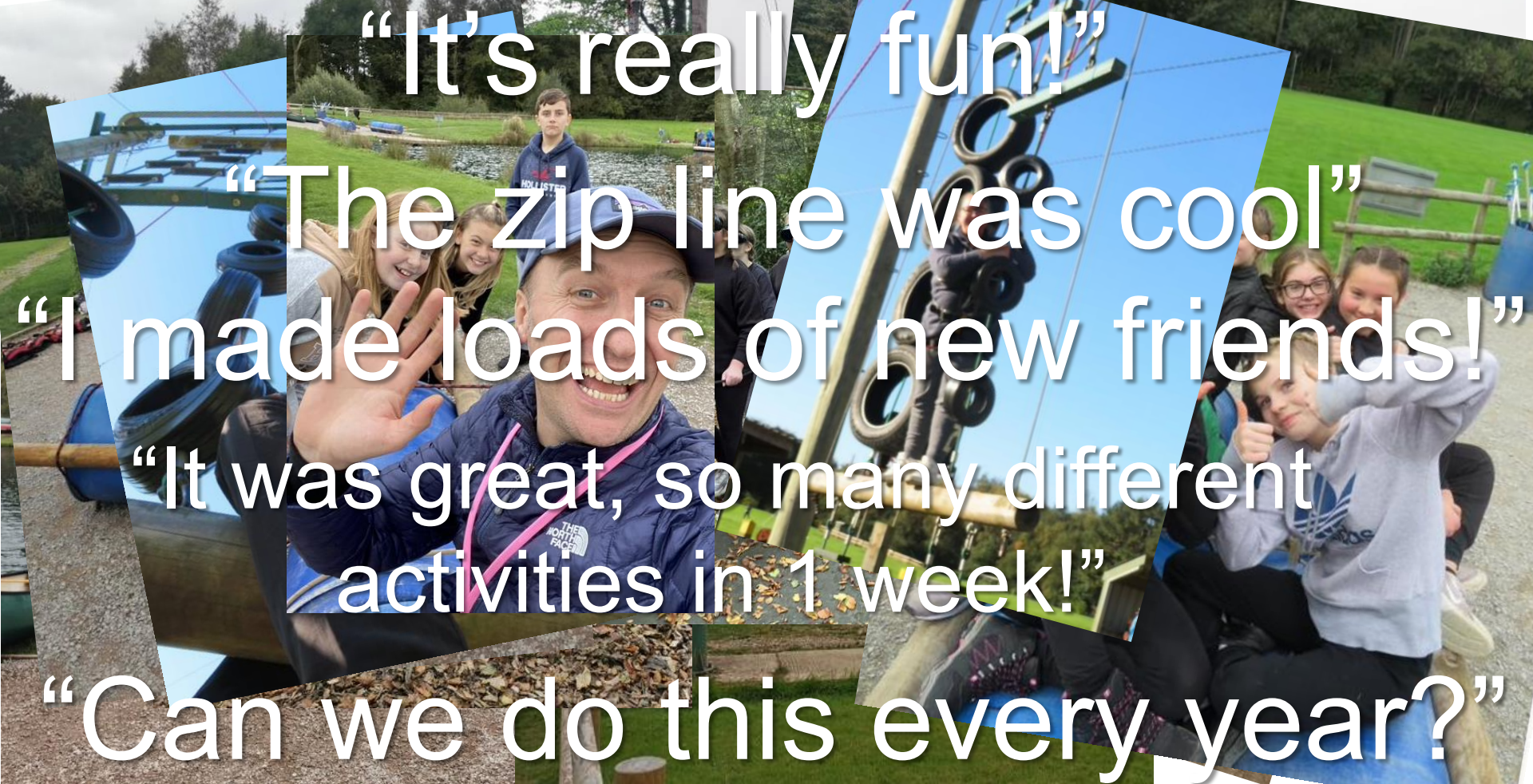
Mrs K Heywood

The Winmarleigh Experience

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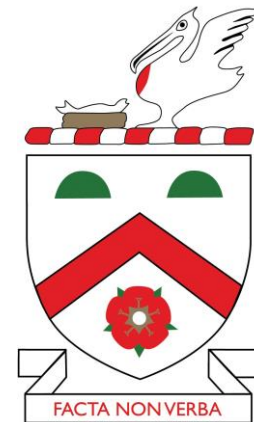
“It’s really fun!”

“The zip line was cool”

“I made loads of new friends!”

“It was great, so many different activities in 1 week!”

“Can we do this every year?”



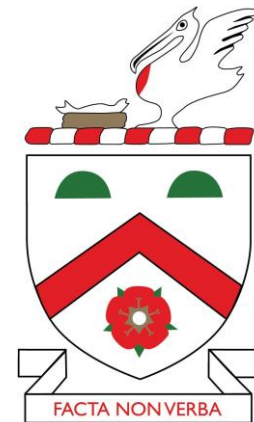
Mrs K Walters

The Arts at Fred Longworth High
School

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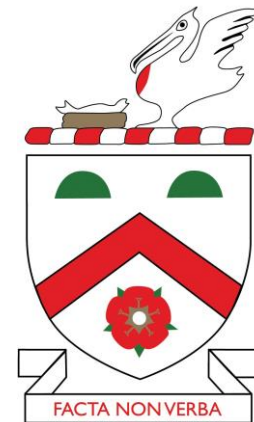
Mr Gregory

Physical Education at Fred Longworth High School

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Mr Whalley Deputy Head teacher

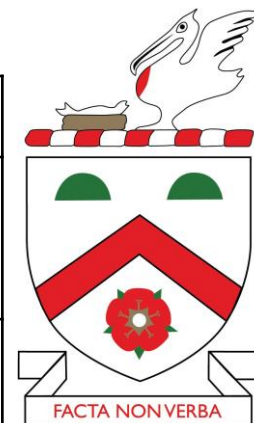
ATTENDANCE

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% ATTENDANCE DEFINED	
100% OVER 3 TERMS	OUTSTANDING
100%	EXCELLENT
97.00 – 99.99%	GOOD
93.00 – 96.99%	ROOM FOR IMPROVEMENT
90.01 – 92.99%	DANGER ZONE
90.00% and BELOW	SERIOUS CAUSE FOR CONCERN/POTENTIAL LEGAL ACTION



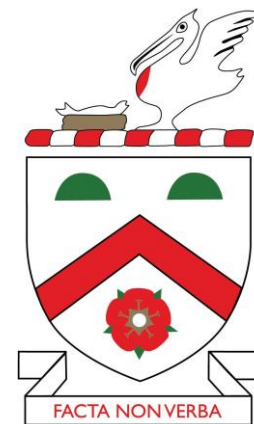
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What do these figures mean?

100% Attendance	0 Days Missed
95% Attendance	9 Days of Absence 1 Week and 4 Days of Learning Missed
90% Attendance	19 Days of Absence 3 Weeks and 4 Days of Learning Missed
85% Attendance	28 Days of Absence 5 Weeks and 3 Days of Learning Missed
80% Attendance	38 Days of Absence 7 Weeks and 3 Days of Learning Missed
75% Attendance	46 Days of Absence 9 Weeks and 1 Day of Learning Missed



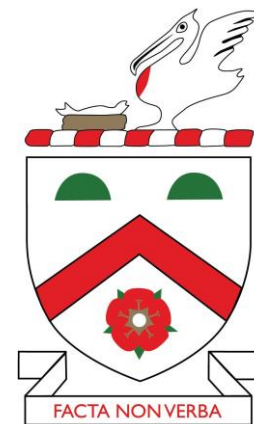
Head Boy and Head Girl

Alfie Dunkerley and Ruby Coleman

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Over to my able assistants!

Jake Barnes

Ava Stout (trousers)

Alyssa Lynch (dress)

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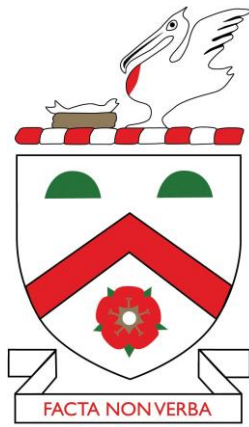
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Mr Whalley

A partnership approach



- 100% attendance and punctuality – so no holidays in term time;
- Uniform, appearance and equipment;
- Work with us - our rules are there for a reason;
- We all have the same goals for your children;
- Encouragement of learning...and homework;
- Encourage a full part in school life;
- Keep in touch – communication is two way.

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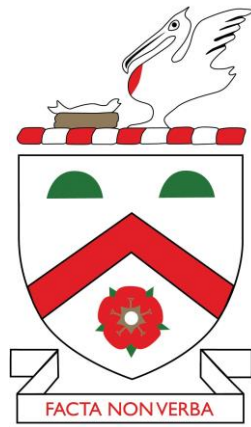
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Key Policies

- Mobile Phones;
- Uniform and personal presentation;
- Behaviour and conduct;
- Equipment.

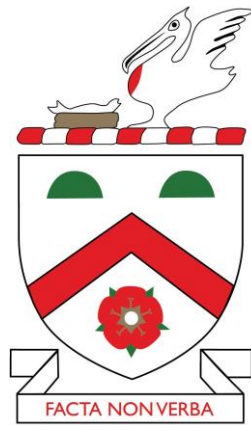


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Calculator- Casio fx (please!)



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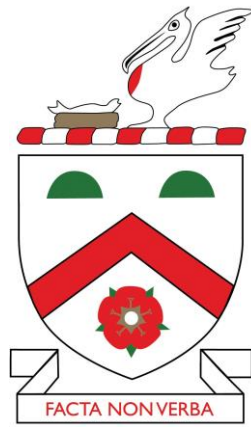


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Any worries?

What if....

- I am bullied?
- I get lost in a big school?
- I'm late to lesson because I get lost?
- I forget my dinner money?
- I can't remember who teaches me?
- I get detention or Internal Exclusion?
- I don't remember my equipment?



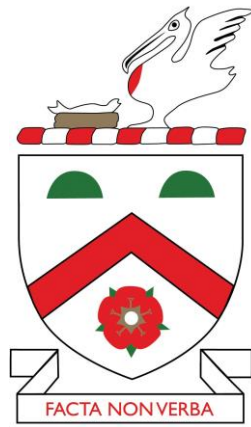
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Practicalities

- School meals – our cashless system;
- Skirts;
- Free School Meals – a plea;
- Cycling to school;
- The mobile phone issue;
- Keeping things running smoothly...

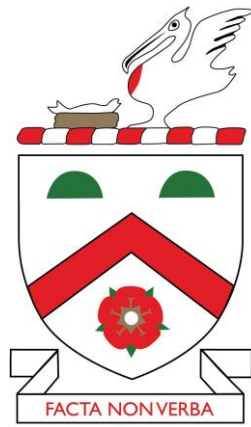


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- Students now go with form tutors for 20 minutes – they will come back!

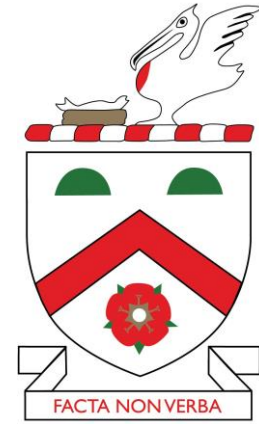


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Students to go with their tutors:



NORTH: Meet back in the Drama Theatre

- Miss D Causby **7DC**
- Mr M Steventon **7MS**
- Mr J Davies **7JD**
- Mr A Pendlebury **7AP**
- Mrs E Thirkell and Mrs C Ballard **7TB**

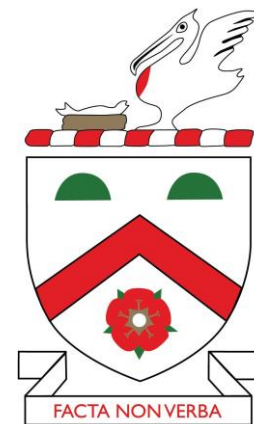
SOUTH: Meet back in the Canteen

- Mrs H Robinson **7HR**
- Miss M Heap **7MH**
- Mrs L Gregory **7LG**
- Miss K Kenny **7KK**
- Miss J Birss **7JB**

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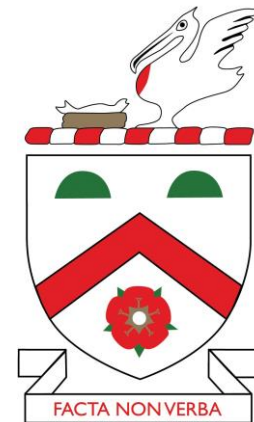
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Headteacher

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The Parent School Partnership

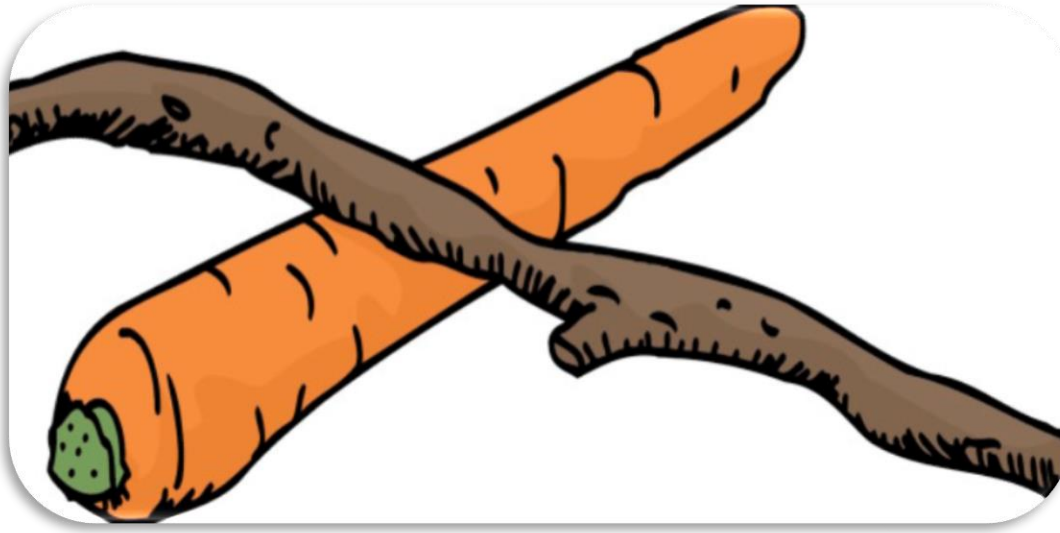
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Your support and guidance is crucial!



“The research is overwhelmingly clear: when parents play a positive role in their children’s education, students do better in school.”

Education Endowment Foundation, 2019

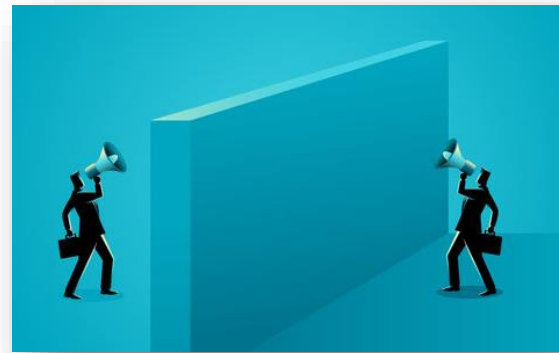
4 important facts about parental engagement:

1. Parental involvement boosts student achievement.
2. Parental involvement is a better predictor of academic success than standardised tests.
3. Parental involvement is defined as “any activities that allow parents to participate in the educational process at home or in school.”
4. Parent involvement declines as students age.

Living Tree 2019

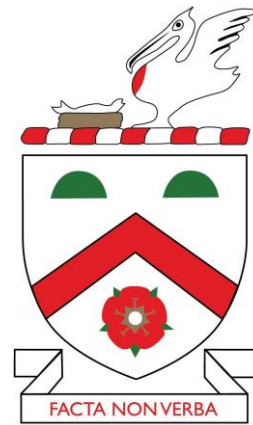
Barriers for parents

- Time.
- Negative experience of school themselves.
- Anxiety that parents themselves cannot access the course content. *How can I help, I know nothing about ... ?*



Potential Barriers for Students

- Lack of parental support.
- Few boundaries outside of school.
- Poor attendance.
- Weak literacy skills.
- Poor friendship groups.
- Misuse of social media and devices.
- Low aspirations and low self-esteem. Poor mental health.

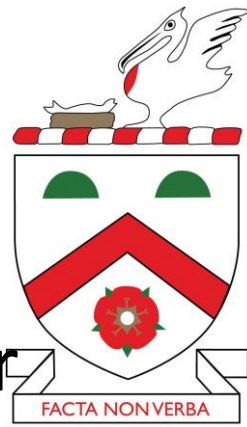


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Establish Routines



Parents play a significant role in helping their children to establish good study routines:

- Encouraging the completion of Homework;
- Being organised for each day at school – correct books, equipment, PE kit;
- Getting to school on time;
- Encouraging good attendance.

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FLHS BEST Standards:



**ALWAYS BEING EQUIPPED, READY TO LEARN AND
MAKING THE BEST USE OF YOUR LEARNING TIME**



**WEARING YOUR UNIFORM CORRECTLY AND
WITH PRIDE**



**HAVING EXCELLENT ATTENDANCE AND
PUNCTUALITY**



**BEING A POSITIVE ROLE MODEL FOR YOUR PEERS
INSIDE AND OUTSIDE OF LESSONS**



**ALWAYS LISTENING AND CONTRIBUTING
POSITIVELY**



**TAKING PRIDE IN YOUR WORK AND COMPLETING
IT TO THE VERY BEST OF YOUR ABILITY**



**TAKING FULL RESPONSIBILITY FOR YOUR LEARNING
BOTH INSIDE AND OUTSIDE OF SCHOOL**



**ALWAYS STRIVING TO IMPROVE YOUR WORK AND
ASKING...**

IS IT EXCELLENT YET?

BEST Standards:
Designed to
promote a
positive Attitude
to Learning.

Homework is used to broaden, consolidate or enhance the learning experience. We are building independence.



Effective learning strategies.

"Memory is the residue of thought".
Daniel Willingham.



1. Flashcards

Simply create cards with questions on one side and answers on the other side. You can colour code for specific topics and quiz yourself or others frequently.



Post its can also be useful for key words and timelines. You can also create excellent flashcards online, or on your phone, using the Quizlet website or app.

Quizlet



2. Organise your learning.

Graphic organisers are a great way of **'transforming'** your notes/information into visual revision topics.

They can be used to create links, show a narrative, identify the causes/consequences and importance of something.

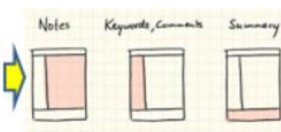


KEY PURPOSE OF THE ORGANISER	SAMPLE GRAPHIC ORGANISERS		
Revealing, grouping, identifying, summarising ideas			
Sequencing events, ordering ideas			
Showing causal links, causes and effects			
Deeper analysis, identifying an idea, identifying components and explaining different attributes			
Planning and decision making or reviewing			

3. Cornell Notetaking.

This can be used in your revision books as a great method to get you to 'think' about your revision. Simply split your page into 3 sections as shown on the diagram on the right:

- **Note Taking** – key ideas, dates, people diagrams or formulas
- **Cues** – Key words or key questions.
- **Summary** – A short summary of the page, in your own words.



4. 'Chunking'.

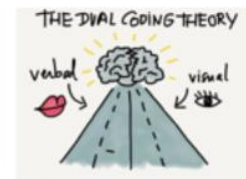
The average person can only hold seven 'items' in their working memory. Grouping items together into 'chunks' can increase capacity. This is generally used for remembering numbers (think of how you remember phone numbers by grouping the seven digits into 2 or 3 chunks) but can be applied in various subjects.

F-B-I-T-W-A-C-I-A-I-B-M

FBI TWA CIA IBM
4 chunks

5. Dual Coding.

'Dual coding' is the method of putting your knowledge into visual form alongside words. It increases the chances of you remembering it.



How to:

1. Use simple drawings with matching simple descriptions.
2. The drawing should represent your understanding of the topic.
3. Try to draw links between images.



6. Retrieval Practice

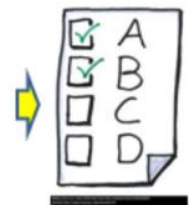
Testing what you know is a powerful tool in learning. The effort to remember something really strengthens your memory.

Create quizzes then test yourself, or get someone to test you, it's works!

Types of testing

There are a number of types you can create:

- Multiple Choice Questions
- True or False
- Short Explanation Questions
- Odd One Out
- If this is the answer then what is the question?
- Recalling and writing out notes or 'chunks' of knowledge from memory.



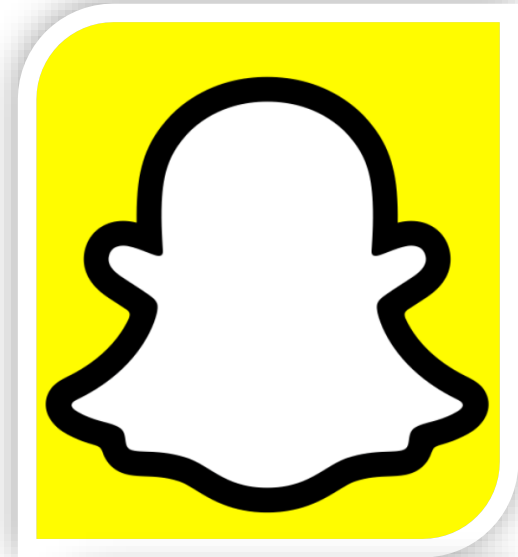
Carefully monitor your child's use of their phone/tablet and social media

Teenagers' sleep quality and mental health at risk over late-night mobile phone use

Researchers advise 'physical boundaries' over devices in bedrooms after study finds poor sleep associated with phone use linked to depressed moods



 Teenagers who reported 'constantly texting into the night' said the problem had escalated a year later.
Photograph: ljbaphoto/Getty Images

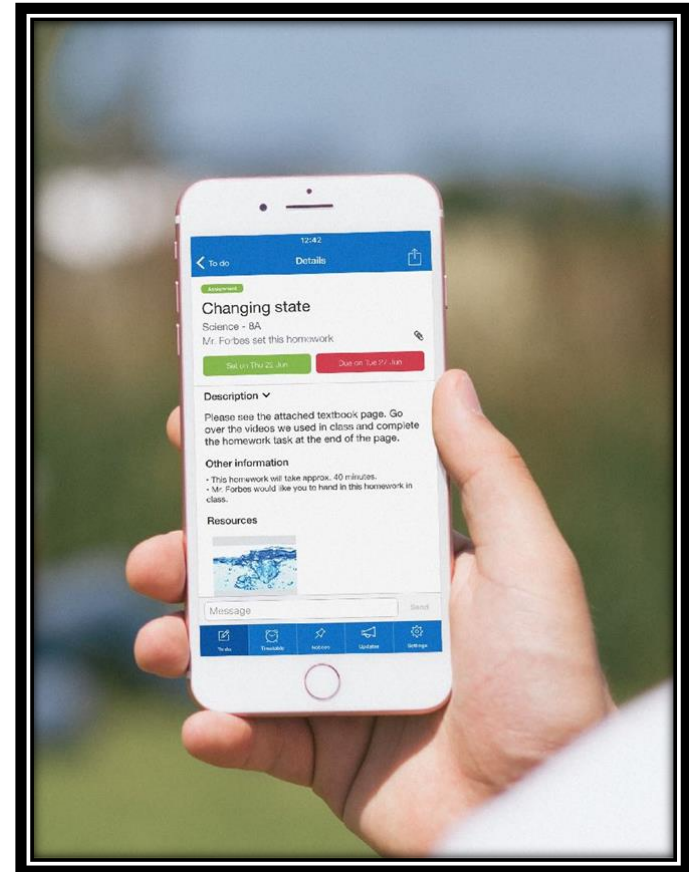


Making the best use of technology



Monitor attendance, behaviour and achievement.

Monitor Homework

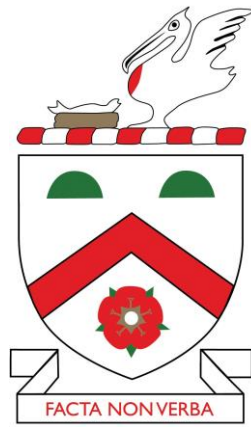


Engaging with school: Key events for Y7 Parents

Autumn Term

- Year 7 Progress Review Evening.
- Year 7 Parental Workshops/Curriculum Evening – practical sessions for parents.
- Year 7 Parents' Evening
- Year 7 Student Led Conferences.

Communication



- Freddie's Focus for Parents – a weekly bulletin.
- Letter and emails – sent via SIMS in Touch.
- Social Media – Facebook, Twitter, Instagram.
- Satchel One Parent App.
- Heads of Year and Form Tutor.

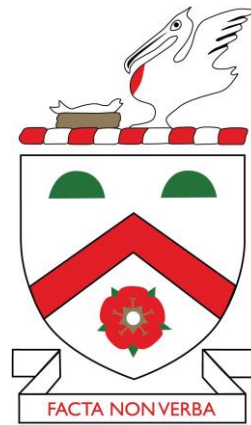
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Celebrating Excellence

- Freddie's Focus on the Stars
- Half Termly BEST Awards
- Headteacher's Awards
- Head of Year Awards
- Prize Giving
- Badges

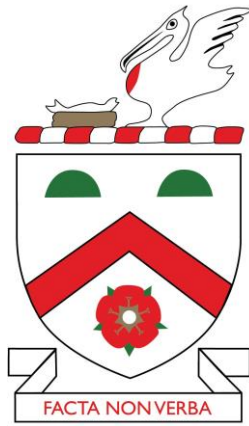


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Supporting and Developing Literacy



- GCSE Examinations have a reading age of **15 years 7 months**.
- We have students in current Year 9 with reading ages as low as 9 years!
- Encourage your child to read at home for pleasure. This is particularly important this summer.

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Supporting and Developing Literacy

At primary school children are taught to read. At secondary school, children read to learn.

What is it like to be fourteen and unable to read properly?

The home is the child's first school.
the parent is the child's first teacher.
and reading is the child's first subject.

Barbara Bush

The gift of a good, high quality read...



- Shortlisted for the **Carnegie Medal 2022**;
- A reading age of 11+ so the content is **interesting** and will **challenge**;
- Inspired by a **true** story;
- Provided alongside by a booklet of activities to **support** your child's understanding and keep track of the plot.

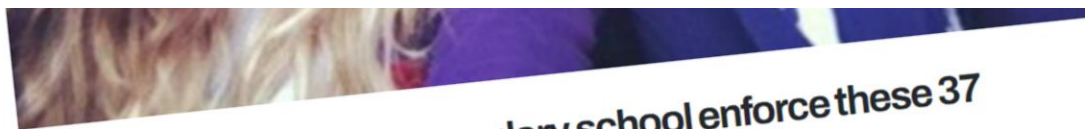
The gift of a good, high quality read...



- Videos provided of Freddie's staff reading the text. Your child can follow along if they wish to do so (this can be found within the transition section of our website)
- Five chapters a week = 10 minutes of reading a day.
- Most students have started the novel in their *Move Up* day in English so are already on their way...



Schools have rules for a reason



Why did every British secondary school enforce these 37 ridiculously dumb school rules?

Excuse me but I feel Ofsted should know about this

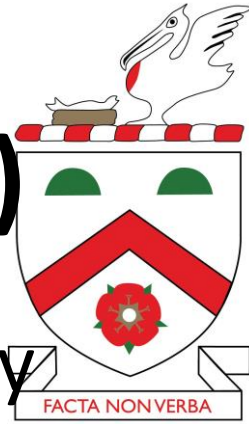
Lucy Woodham, Tom Haynes, Hayley Soen, Bean Urquhart, Maddy Mussen & Lydia Venn | Guides

UK

When you think about it, secondary school was basically a series of violations against your human rights. Not being able to go to the toilet without a pass? Not okay. Being forced to walk on the left otherwise you'll face severe punishment? Feels criminal. Having to ask the teacher for permission to drink from your own *water bottle??* I'm calling Ofsted.

Secondary school rules were frankly barbaric, and looking back on them now most of them make little to no sense. Like, did all the teachers sit around a table one night and play a game of who can think of the stupidest school rule? 10 points for whoever came up with shirt sleeve order.

Schools have rules (for a reason)



- One of the key differences between primary and secondary is the structure of the day and multiple teachers and multiple classes.
- We have to manage a relatively small site with 1300 young people on it.
- Sometimes, children just have to learn to follow simple instructions.

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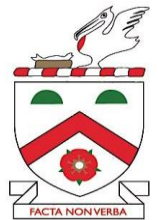
Schools have rules (for a reason)



Mobile Phone Policy

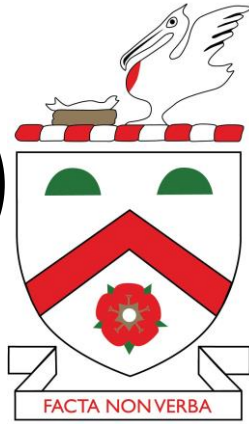
- Phones need to be switched off and kept out of sight during the school day. This includes breaks and lunchtimes.
- If a phone is seen or heard, phones will be confiscated until the end of the week. A parent can come and collect the phone.

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Schools have rules (for a reason)



Uniform and personal appearance

- Encourages pride in the school
- Value for money
- A social leveller
- Helps to create a calm, business like environment conducive to good learning.

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Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations.

Bob Beauprez

No school can work well for children if parents and teachers do not act in partnership on behalf of the children's best interests

— *Dorothy H Cohen* —

Communications

Email

- Please make sure that you provide your current email address for sending you key information.
- Email is the primary means of communication to send you important updates regarding school.
- In September, we strongly recommend that you use the same email address to activate your Satchel One account and to access any other school-based Apps.

Text messages

- Please also make sure that you provide your current mobile number which we also use to text key information and reminders.

Information we need from you:

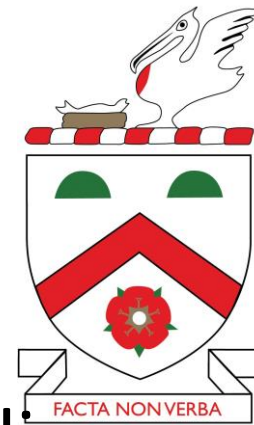
You will have received today an email that will contain:

- Data checking sheet
- Home IT questionnaire

Please respond online asap if you have not already done so.

If you have not received this email please contact
ictsupport@flhs.wigan.sch.uk

Other Information



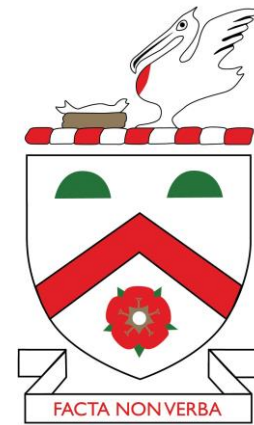
- **Summer School** – Please return the reply slip this evening. Spare letters are available if required.
- **Consent Form** – please complete this evening.
- **WisePay** – You will receive a letter with your login details in due course.

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HIGH SCHOOL



Belonging, engaging, succeeding together

Thank-you for attending!



We look forward to welcoming your child in September and working with you.

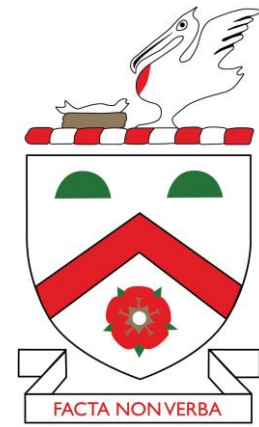
The High School Journey Begins ...

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Students to go with their tutors:



NORTH: Meet back in the Drama Theatre

- Miss D Causby **7DC**
- Mr M Steventon **7MS**
- Mr J Davies **7JD**
- Mr A Pendlebury **7AP**
- Mrs E Thirkell and Mrs C Ballard **7TB**

SOUTH: Meet back in the Canteen

- Mrs H Robinson **7HR**
- Miss M Heap **7MH**
- Mrs L Gregory **7LG**
- Miss K Kenny **7KK**
- Miss J Birss **7JB**

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