



Cycling to school – Policy

Fred Longworth High School is keen to encourage cycling and walking to school to promote healthy and environmentally friendly lifestyles and to help to reduce congestion at busy times before and after school. However cycling to school is potentially very dangerous and as a school we want to ensure that we are doing all that we can to promote safe cycling and to minimise the associated risks with cycling to school. We need the support of parents in implementing this policy; parents play a key role in ensuring that their sons and daughters cooperate with the school's policy on cycling to school.

In order to minimise risks to our students we are introducing a 'Cycle to School' contract and in order for permission to cycle to school to be granted, parents and students must read and agree to the following:

Cycling to School Contract

1. All bicycles must be roadworthy and appropriate for the age of the student in terms of frame size and seat height. All bikes must have brakes that work safely.
2. Students must wear a helmet to cycle to and from school and this helmet must be visible to school staff when students enter the school site. The school will provide an area to store helmets during lesson times.
3. When students are on school site they must dismount their bike and walk the bike to the cycle storage areas.
4. Students will ensure that they provide a lock for their bike to be secured on school grounds in the bike storage areas.
5. During the winter months when cycling to and from school in the dark, parents will ensure that students wear reflective clothing and that all bikes have front and rear lights.

